

Making Strides 2022: A Look at Our State **Report Cards**

National Webinar September 14, 2022





Join us at the

2024 Safe Routes to School National Conference

Safe, Healthy, and JOYful: The Possibilities of our Movement

When: October 22-24, 2024

Where: Fort Collins, Colorado, Hilton Fort Collins





Join us for innovative ideas, inspiring speakers, great networking opportunities, and engaging field trips exploring Safe Routes to School and the joy of active transportation!

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SESSION IS BEING RECORDED PLEASE PARTICIPATE IN THE CHAT!





TODAY'S PRESENTERS



MARISA



KORI



NATASHA



Report Overview



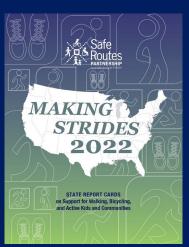
WHY STATE REPORT CARDS?

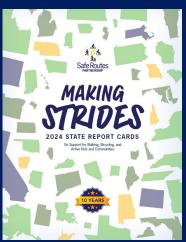
Overall goal: Provide a snapshot of how supportive each state is of walking, bicycling, and physical activity for children and adults.









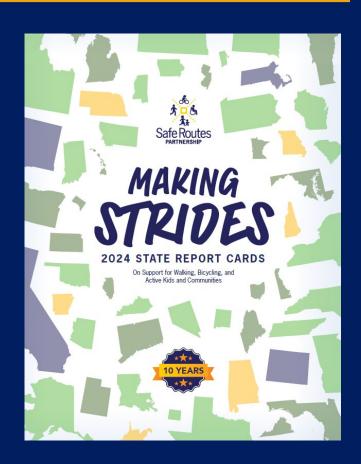




KEY CONTENTS

Report includes:

- Research on why physical activity, walking and bicycling matter
- Rationale for state report cards
- Detailed explanation of the scoring, indicators and core topic areas
- The report cards themselves





CHANGES FROM 2022 REPORT CARDS

- Removed indicators:
 - State physical education requirements
- Revised indicators:
 - Federal funding affected by changes in the Bipartisan Infrastructure Law (BIL)
 - Minor adjustments to scoring for some other indicators



MAKING STRIDES ON OUR WEBSITE





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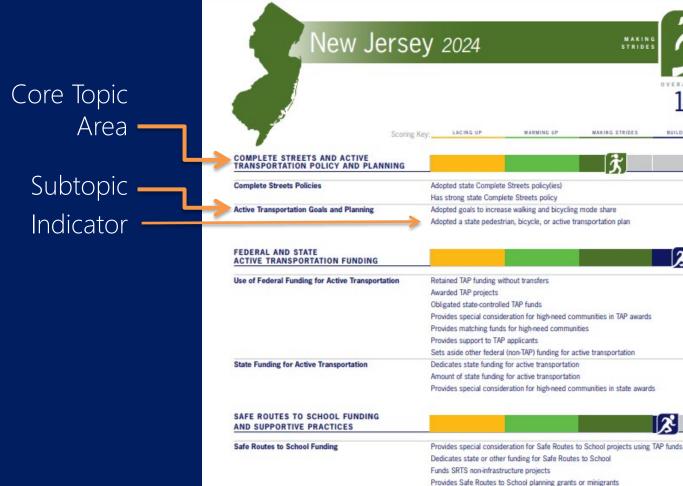
SCORING FOR THE REPORT CARDS

- 26 indicators across 4 core topic areas; each individually scored
- 200 points possible
- Numerical score and "grade" in each topic area + overall score and grade
- 4 grading categories that recognize state's accomplishments as well as room for improvement











148/200

BUILDING SPEED

3/5 13/20

0/5 10/10

26 / 40 4

10 /10

10 /10

6 /10

3/6

7/7

5 / 7

5/5 10 /10

7 /10

5/5 68 /80

7/7

0 / 7

3/6

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Subtotal

(out of #

points)

Overall grade

Topic grade

Points earned

Overall

points



ACTIVE NEIGHBORHOODS AND SCHOOLS Shared Use of School Facilities Adopted state policy supporting shared use of school facilities Provides funding/incentives in support of shared use of school facilities 5/5 0/0 School Siting and Design Requires large school sites (minimum acreage guideline) Supports walking, bicycling and physical activity in school design guidelines 3 /15 14 /30

Staffs state Safe Routes to School program with state employees or consultants Provides a resource center or technical assistance to Safe Routes to School initiatives Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan 5 / 5

+ Exceeds 6 points because of 2 point bonus for having 2+ FTE staff or consultants focusing on SRTS (see pg. 19 for more information)

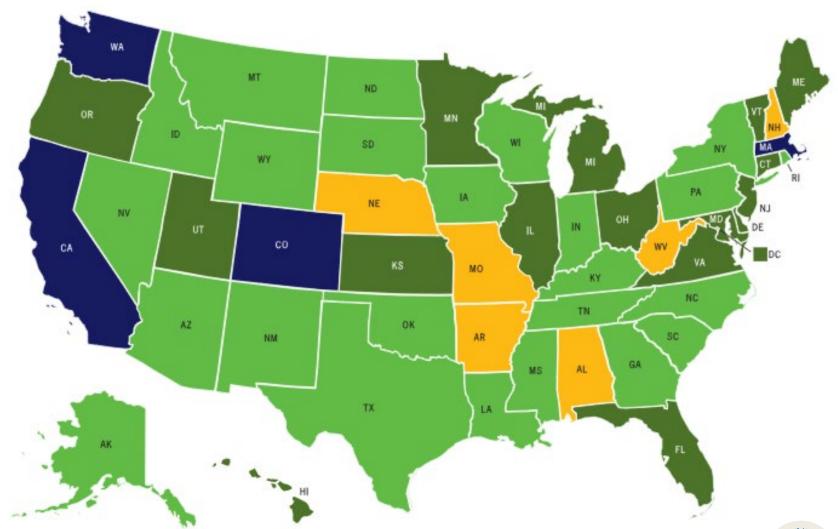
To review a quick summary of the report cards' scoring structure, click here: Understanding the Scores and Grading



Safe Routes to School Supportive Practices







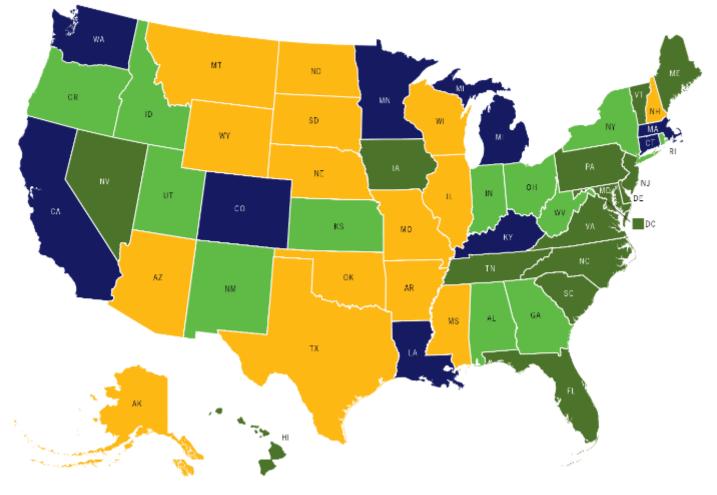






Core Topic Area 1: Complete Streets and Active Transportation Policy and Planning

Making Strides: 2024 State Report Complete Streets and Active Transportation Policy and Planning







Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED



MAKING STRIDES



145/200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100

COMPLETE STREETS AND ACTIVE TRANSPORTATION POLICY AND PLANNING	(方)	
Complete Streets Policies	Adopted state Complete Streets policy(ies)	5 / 5
	Has strong state Complete Streets policy	8 / 20
Active Transportation Goals and Planning	Adopted goals to increase walking and bicycling mode share	0/5
	Adopted a state pedestrian, bicycle, or active transportation plan	10 / 10
		23 / 40





What's a complete streets policy?

A policy that ensures that all new construction and renovation of streets creates streets that are safe, comfortable, and convenient for everyone using them

Who? People walking and biking, cars, public transportation riders, people with disabilities, and people of all ages.



Goals to increase walking and bicycling

Public commitments to progress and provide accountability.

Found within a highway safety plan, bicycle/pedestrian plan, sustainability plan, or other statewide plan

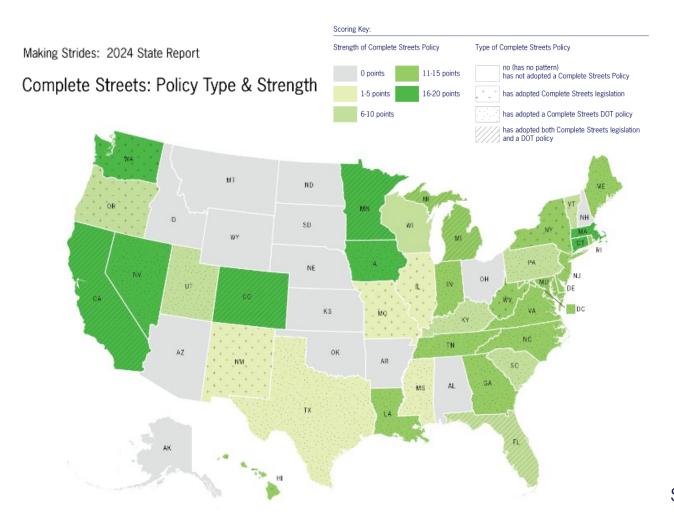
State pedestrian, bicycle, or active transportation plan

Create a planning foundation that allows state agencies and partners to coordinate on supporting prioritized projects, policies, and programs



REFLECTIONS Complete Streets Policies

- 37 states with Complete Streets policies
- KY, WA, and WI revised their policies since 2022







REFLECTIONS

Active Transportation Goals & Planning

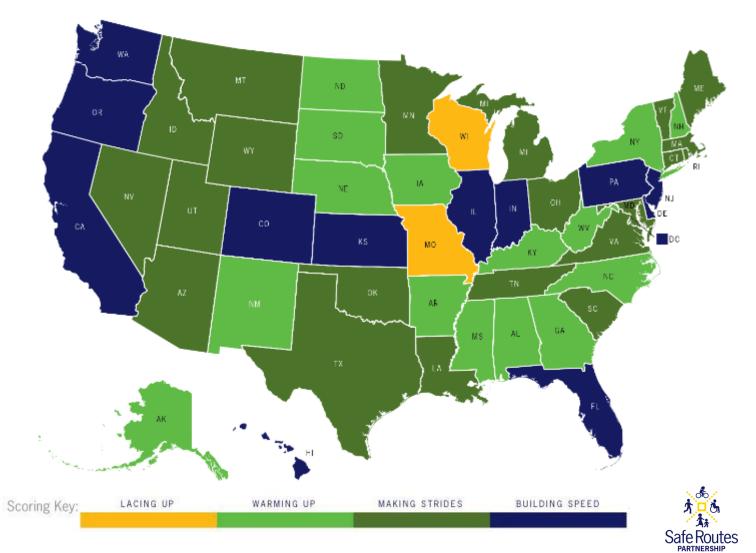
- Walking/Biking Goals
 - 16 states included goals for increasing both walking & biking, 5 of which included a specific percentage or numerical increase
- Bicycle and Pedestrian Plans
 - 26 states have a bicycle or pedestrian plan updated within the last 10 years, majority include both, down from 33 in 2022





Core Topic Area 2: Federal and State Active Transportation Funding

Making Strides: 2024 State Report
Federal and State Active Transportation Funding







FEDERAL AND STATE

State Funding for Active Transportation

Arizona 2024

Scoring Key: __

LACING UP

WARMING

MAKING STRIDES



BUILDING SPEED

ACTIVE TRANSPORTATION FUNDING Use of Federal Funding for Active Transportation Retained TAP funding without transfers 10 /10 Awarded TAP projects 10 /10 Obligated state-controlled TAP funds 4/10Provides special consideration for high-need communities in TAP awards Provides matching funds for high-need communities Provides support to TAP applicants Sets aside other federal (non-TAP) funding for active transportation 0 / 5Dedicates state funding for active transportation

Provides special consideration for high-need communities in state awards

Amount of state funding for active transportation

WARMING UP





10 /10



Arizona 2024



MARING STRINGS



BILLI DING CREED

87/200

Scoring	Key: Lacing of	WARMING OF	MAKING SIKIDES	BOILDING SPEED 100
FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING			* ***********************************	
Use of Federal Funding for Active Transportation	Retained TAP funding	without transfers		10 /10
	Awarded TAP projects	\$		10 /10
	Obligated state-contro	olled TAP funds		4 /10
	Provides special cons	sideration for high-need commun	nities in TAP awards	6 / 6
	Provides matching fur	nds for high-need communities		0 / 7
	Provides support to Ta	AP applicants		5 / 7
	Sets aside other fede	ral (non-TAP) funding for active t	transportation	0 / 5

WADMING HD

LACING UP

- Focus is on state implementation of the Transportation Alternatives Program (~\$4-128M/state/year)
- TAP is the major federal source of transportation funding for biking, walking, Safe Routes to School
- Three key phases track how states get the funding out the door: transfers, awards, and obligation



Arizona 2024

WARMING UP



87/200

BUILDING CREEK

	Scoring Key:	LACING UP	WARMING UP	MAKING STRIDES	BUILDING SPEED	100%
FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING						
Use of Federal Funding for Active Transportati	on Re	tained TAP funding w	ithout transfers		10	/10
	Aw	arded TAP projects			10	/10
	Ob	ligated state-control	ed TAP funds		4	/10
	Pro	ovides special consid	leration for high-need co	mmunities in TAP awards	6	7 6
	Pro	ovides matching fund	ls for high-need commun	nities	0	/ 7
	Pro	ovides support to TA	P applicants		5	/ 7
	Se	ts aside other federa	I (non-TAP) funding for a	ctive transportation	0	7 5

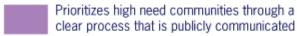
- Ensuring funding gets in the hands of those who need it most requires:
 - Prioritizing funding
 - Providing matching funds
 - Supporting TAP applicants



Making Strides: 2024 State Report

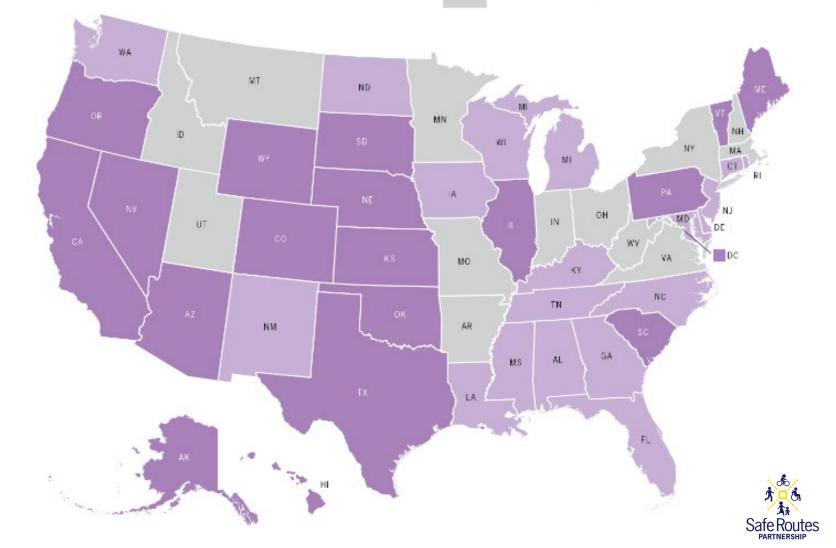
Define and Prioritize High Need Communities within TAP

Scoring Key:





Has not defined high need







Arizona 2024

WARMING UP



87/200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING		
Use of Federal Funding for Active Transportation	Retained TAP funding without transfers	10 /10
	Awarded TAP projects	10 /10
	Obligated state-controlled TAP funds	4 /10
	Provides special consideration for high-need communities in TAP awards	6 / 6
	Provides matching funds for high-need communities	0 / 7
	Provides support to TAP applicants	5 / 7
	Sets aside other federal (non-TAP) funding for active transportation	0 / 5





- Focus is on state, not federal, money
- This section asks: Is state funding available? How much funding is spent on walking, bicycling, and Safe Routes to School per capita, and does the state consider high-need communities when spending its money?



REFLECTIONS

Federal funding:



Very few states are transferring funding out of TAP

Many more states are providing support to applicants



Several states still have not defined and prioritized high need communities

State funding:

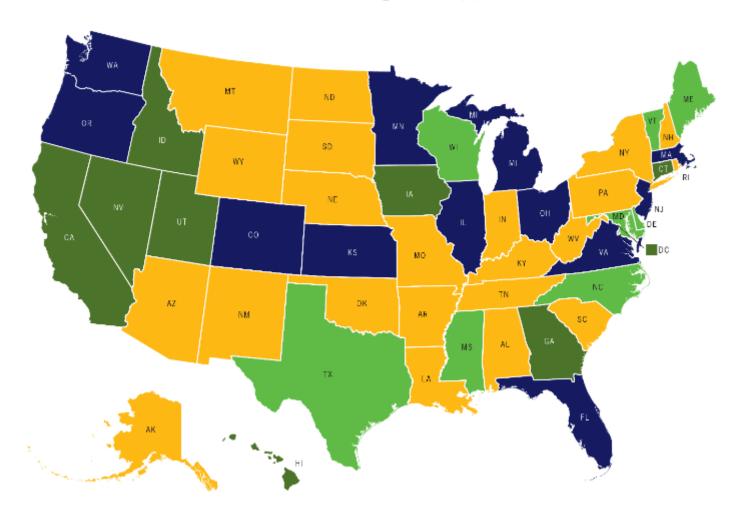
- Surpassed \$1 Billion in dedicated state money
- 33 states dedicate state funding for walking and biking
- The two-year average for annual state spending on active transportation rose, as did per capita spending
- 14 states prioritize high-need communities





Core Topic Area 3: Safe Routes to School Funding and Supportive Practices

Making Strides: 2024 State Report Safe Routes to School Funding and Supportive Practices





Colorado 2024





Scoring Key: __ LACING UP WARMING UP MAKING STRIDES BUILDING SPEED SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES Safe Routes to School Funding Provides special consideration for Safe Routes to School projects using TAP funds Dedicates state or other funding for Safe Routes to School Funds SRTS non-infrastructure projects Provides Safe Routes to School planning grants or minigrants 0 / 6Safe Routes to School Supportive Practices Staffs state Safe Routes to School program with state employees or consultants Provides a resource center or technical assistance to Safe Routes to School initiatives 7 / 7 5 / 5 Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan Supports equitable access to Safe Routes to School programming

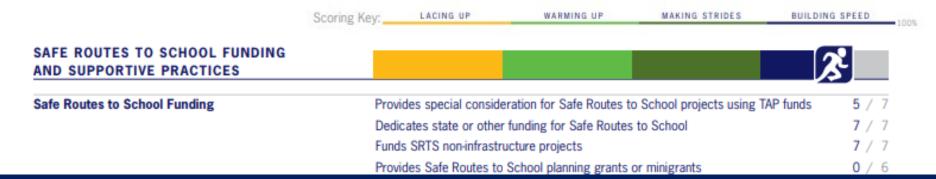




Colorado 2024



172/200



 This subtopic is focused on getting funding into the hands of local schools / school districts so they can run effective Safe Routes to School programs



Colorado 2024



172/200

SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES

Safe Routes to School Supportive Practices

Staffs state Safe Routes to School program with state employees or consultants

Frovides a resource center or technical assistance to Safe Routes to School initiatives

Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan 5 / 5

Supports equitable access to Safe Routes to School programming

5 / 5

 Here we look at what types of support and technical assistance a state provides to help Safe Routes to School programs operate in accordance with best practices



REFLECTIONS

Good News:

- Increased number of states prioritizing Safe Routes to School in TAP
- More states are providing resources to reach underserved demographic groups

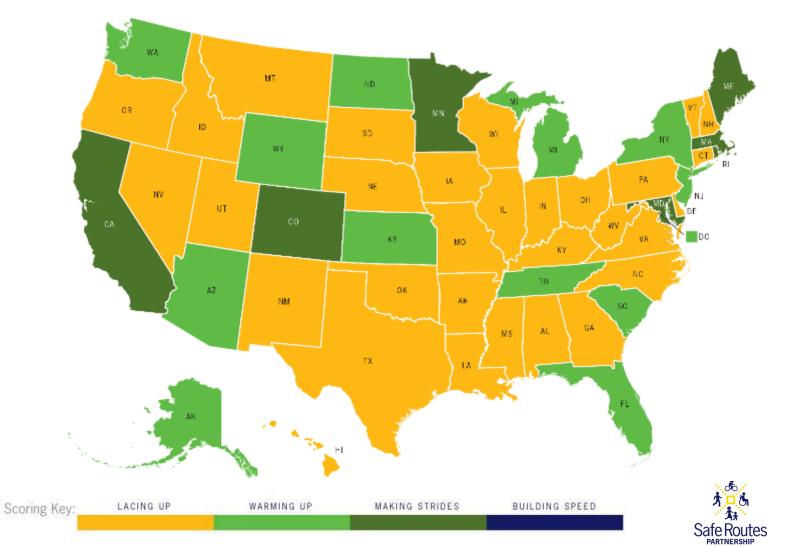
Needs Improvement:

- Just over half of states have at least 1 full-time SRTS coordinator,
 18 have more have at least 2 FTE
- Over half of states provide technical assistance or a statewide resource center on Safe Routes to School
- Only 23 states provide resources to reach underserved demographic groups
- Only 32 states allow funding for non-infrastructure



Core Topic Area 4: Active Schools and Neighborhoods

Making Strides: 2024 State Report Active Schools and Neighborhoods





Tennessee 2024

WARMING UP



96 / 200

	Scoring Key:	LACING UP	WARMING UP	MAKING STRIDES	BUILDING SPEED	
ACTIVE NEIGHBORHOODS AND SCHOO	LS		3			
Shared Use of School Facilities	Ad	Adopted state policy supporting shared use of school facilities				
	Pro	ovides funding/incent	ives in support of share	ed use of school facilities	5 / 5	
School Siting and Design	Re	Requires large school sites (minimum acreage guideline)				
	Su	pports walking, bicyo	ling and physical activit	y in school design guidelines	0 /15	
					11 /30	



Tennessee 2024

WARMING



96/200

Scoring Key:	LACING UP	WARMING UP	MAKING STRIDES	BUILDING SPEED	.00%
ACTIVE NEIGHBORHOODS AND SCHOOLS		[]			
Shared Use of School Facilities	Adopted state policy su	6 /10			
	Provides funding/incentives in support of shared use of school facilities			5 / 5	

- School shared-use agreements open up school playgrounds, fields, and facilities for recreational use by community members outside of school hours
- Supportive state policies & funding are two of the key ways to overcome fears and challenges with shared use



Tennessee 2024

WARMING



96/200

	Scoring Key:	LACING UP	WARMING UP	MAKING STRIDES	BUILDING SPEED 100%	
ACTIVE NEIGHBORHOODS AND SC	HOOLS		4			
School Siting and Design	Re	0 / 0				
0700 101 au 0000 9000 000 13770000	Su	Supports walking, bicycling and physical activity in school design guidelines				

- School siting & design involves state policies that affect school siting decisions by local school districts.
- Indicators look at whether states require large school sites for new schools (which gets them negative points) & whether state siting guidelines encourage walking, biking or physical activity in other ways.



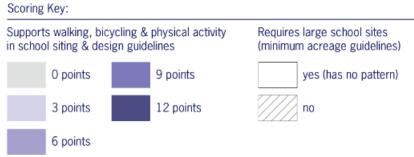
REFLECTIONS

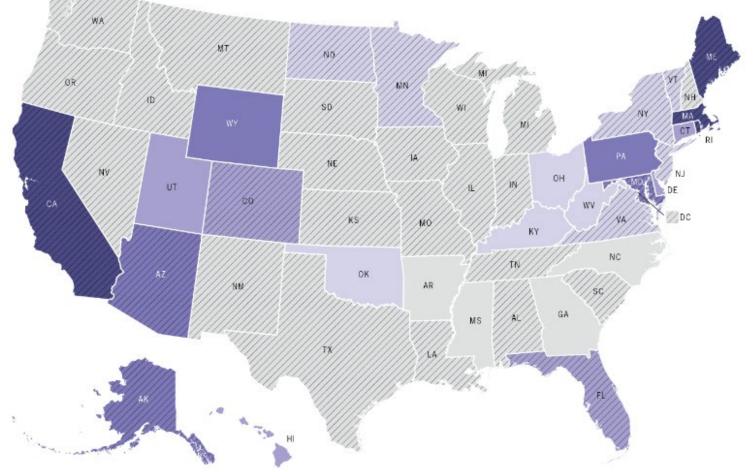
Shared use

- The number of states with shared use policies hasn't changed since 2020
- Number of states with incentives has been steady since 2022



Making Strides: 2024 State Report School Siting: Supportive Guidelines & Minimum Acreage Requirements









Overall Reflections & Actions



OVERALL REFLECTIONS

- Most states still in the middle categories
- Average score across the country was 95.5 out of 200 points
- Colorado achieved the highest grade of Building Speed for the first time
- In every region of the country, there was at least one state with a fairly high score
- Every state has at least one area where it has taken considerable steps, but every state has the opportunity to do more

FACTSHEETS

omote



Making Strides: 2024 State Report Cards

UNDERSTANDING THE SCORES AND GRADING



www.saferoutespartnership.org

Making Strides: 2024 State Report Cards

HOW TO USE YOUR STATE'S REPORT CARD ON WALKING. BIKING, AND PHYSICAL ACTIVITY

SUBTOPIC:

Funding for Active

Transportation

Core topic area: Federal Active Transportation Funding

INDICATOR:

funding without

Awarded TAP

Obligated state-

Provides special

communities in TAP

consideration

for high-need

awards

controlled TAP funds

transfers

The 2024 Making Strides stat spanning four core topic areas and support walking, biking, understand at a glance how e that support and promote phy room for improvement, makin active communities.



Physical Activity Matters

- > Studies have shown that physical activity is important for
- > For children, the benefits of physical activity include improved attention and memory, reduced risk of depression, improved aerobic fitness, and reduced risk of chronic diseases like type 2 diabetes.2
- > For adults, physical activity includes immediate benefits such as improved sleep quality and reduced blood pressure and long-term benefits such as lower risk of depression, heart disease, stroke, and type 2 diabetes, lower risk of some cancers, improved bone health, and
- > More walking, bicycling, and physical activity can also provide an increased sense of community and less social isolation, higher cognitive functioning, less air pollution and fewer climate changing emissions.4



BOOST YOUR STATE'S SCORE - ACTION STEPS FOR STATE DEPARTMENTS OF TRANSPORTATION USING NEW OPPORTUNITIES IN FEDERAL LAW

> **ACTION STEPS FOR CHAMPIONS** TO BOOST YOUR STATE'S SCORE -NEW OPPORTUNITIES FROM THE BIPARTISAN INFRASTRUCTURE LAW

funding tables from Federal Highway Administration (see Supplementary Tables 2 and 3)

Quarterly TAP Tracking Chart

support to TAP applicants: hold workshops with department of transportation staff and local communities; host office hours for communities to ask questions; provide design assistance; reimburse applicants for cost estimates. and plan development.

Fact sheet on defining and prioritizing high-need communities with examples from states across the country

Incorporate ideas from active transportation stakeholders, such

as bicycle and pedestrian advisory committees or other planning committees. Invite community members to engage in this process.

selection. Ideas include setting aside funds, adding points to scoring

rubrics, providing matching funds for high-need communities. Be

partners to conduct outreach to encourage applications from high

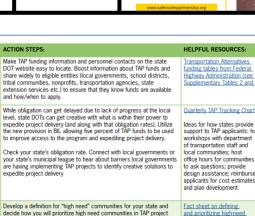
sure to advertise these changes on your TAP website and work with

States may use state funds or toll credits as the match (see Fig. 3 on pg. 75)

Guidance on toll credits

shape whether these federal resources are invested in ways that support walking, bicycling, rolling, and active kids and communities.

Every two years, Safe Routes Partnership takes inventory of how states are doing influencing the flow of federal transportation funds to support walking, bicycling, and Safe Routes to School as part of the Making Strides: State Report Cards on Walking, Bicycling, and Active Kids and Communities. The 2022 Making Strides state report cards evaluate each state on 27 indicators spanning four core topic areas that focus on key areas for state action to promote and support physical activity. High-scoring and lower-scoring states alike require sustained commitment from state agencies and policymakers to support physical activity and maintain and raise report card scores.



Provides matching The BIL provides states with flexibility funds for high-need related to the local match requirement communities Match may now be calculated at the program level (not individual projects).

allowing states to structure match

requirements to enable high-need

percentage or no match at all.

communities to provide a lower match

BIL OPPORTUNITY:

The Transportation Alternatives

Program (TAP) is the major source of

federal funding for walking, bicycling,

Safe Routes to School, and trails.

The BIL nearly doubled funding for

TAP, from \$850 million annually for

fiscal years 2018 through 2020 to an

average amount of \$1.44 billion from 2022 through 2026. The BIL created

new requirements to deter states from

transferring TAP funds. Before states

they must demonstrate that they have

run TAP competitions that resulted in

inadequate project proposals or no

community interest in the available

The BIL requires states to define and

prioritize high need communities in TAP

project selection and implementation.2

may transfer funds to other uses,

Use flexibilities in BIL to lower match requirement for TAP funding. Options include using Highway Safety Improvement Program funds. toll credits, state funds, or to average the match at the program level rather than requiring each project to fulfill the full 20 percent match. Convey the program updates to potential applicants, especially those in small, rural, and lower-income communities. Partner with active transportation stakeholders, state extension agents, your state's municipal league to convey updated program resource information to







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Webinars

One of the great ways that we love to share resources and expertise is through our regular webinars. Our webinars feature our staff and incredible advocates, Safe Routes to School program staff, government officials, elected leaders, and others from around the country sharing their knowledge and learning on a diverse range of topics.







Questions?



We're here to help!

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