



MAKING STRIDES 2022

**STATE REPORT CARDS
on Support for Walking, Bicycling,
and Active Kids and Communities**

Making Strides 2022: A Look at Our State Report Cards

National Webinar
July 14, 2022



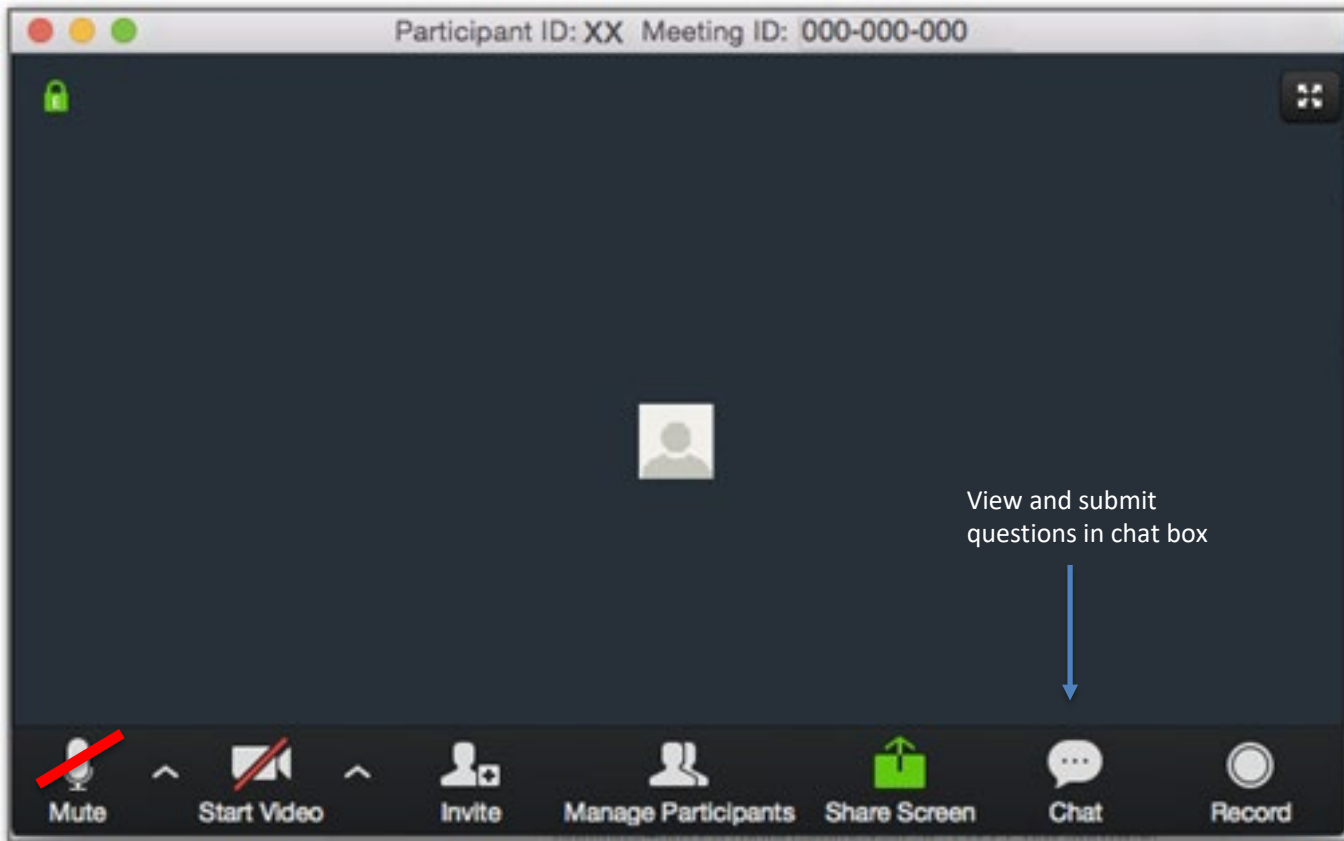
MISSION

The mission of the Safe Routes Partnership is to advance safe walking and rolling to and from schools and in everyday life, improving the health and well-being of people of all races, income levels, and abilities, and building healthy, thriving communities for everyone.



Safe Routes
PARTNERSHIP
Active Paths for Equity & Health





SESSION IS BEING RECORDED
PLEASE PARTICIPATE IN THE CHAT!

TODAY'S PRESENTERS



MICHELLE

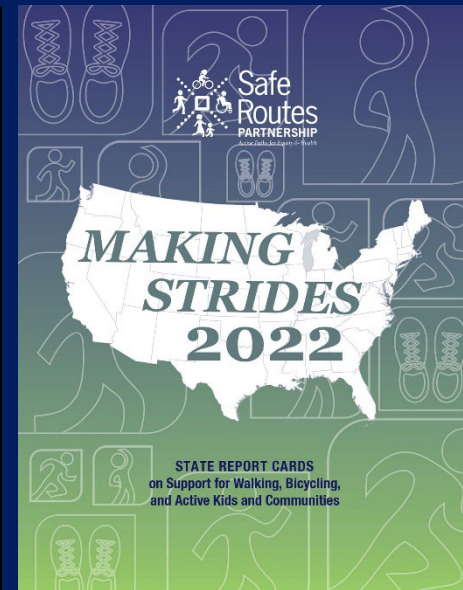
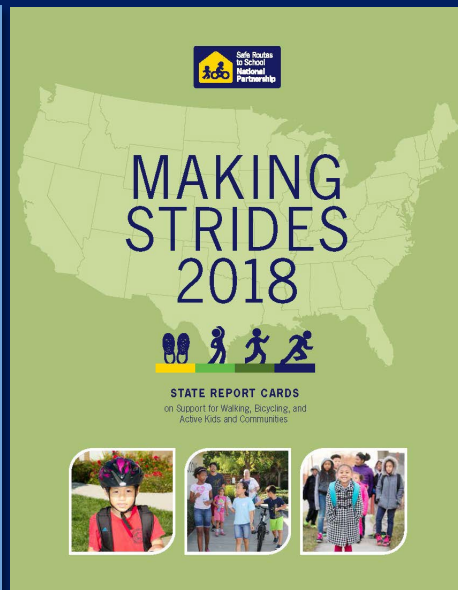
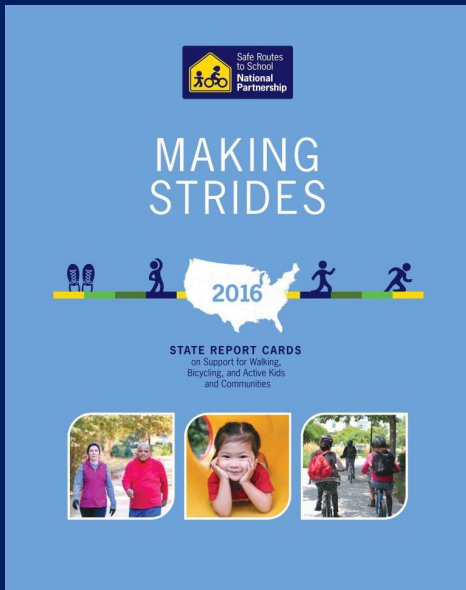


MARISA

Report Overview

WHY STATE REPORT CARDS?

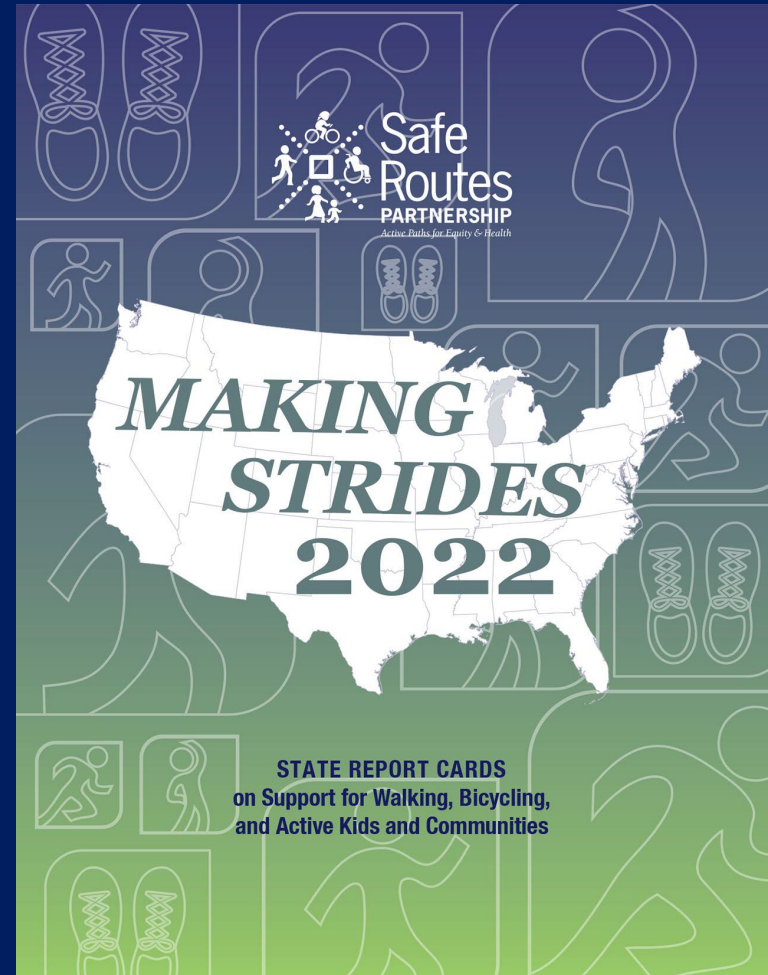
Overall goal: Provide a snapshot of how supportive each state is of walking, bicycling, and physical activity for children and adults.



KEY CONTENTS

Report includes:

- Research on why physical activity, walking and bicycling matter
- Rationale for state report cards
- Detailed explanation of the scoring, indicators and core topic areas
- The report cards themselves



CHANGES FROM 2020 REPORT CARDS

- Removed indicators:
 - NACTO guides
 - State physical activity staffing
- Added new indicators:
 - Sets aside other federal (non-TAP) funding for active transportation
 - Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan
- Minor adjustments to scoring for some other indicators

MAKING STRIDES ON OUR WEBSITE



Resources

- ▶ BROWSE RESOURCE LIBRARY
- ▶ BLOG
- ▶ OUR PUBLICATIONS WEBINARS
- ▶ E-NEWS
- ▶ RESEARCH RECURSOS EN ESPAÑOL
- ▶ SUBMIT A SUCCESS STORY

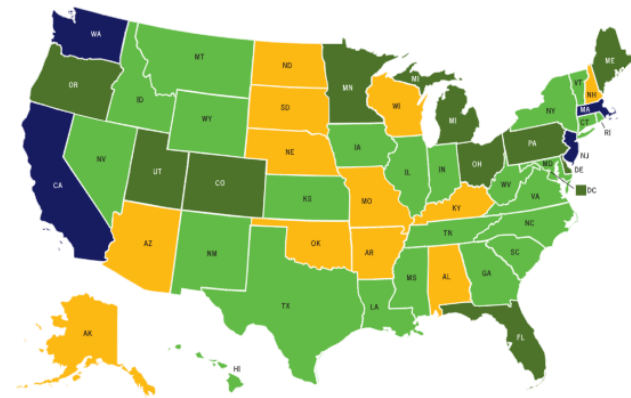
2022 - Report

2022 State Report Cards

Making Strides: State Report Cards on Support for Walking, Bicycling, and Active Kids and Communities

We've developed [state report cards](#) which provide a snapshot of how supportive each state is of walking, bicycling, and physical activity for children and adults as of 2022.

The report cards primarily look at state policy, focusing on four key areas: Complete Streets and Active Transportation Policy and Planning, Federal and State Active Transportation Funding, Safe Routes to School Funding and Supportive Practices, and Active Neighborhoods and Schools. Click on the map to view each state's report card.



NEW
Report
Cards:
click to
learn more

MAKING STRIDES 2022

FEATURED REPORT:
State Report Cards
on Support for
Walking, Bicycling,
and Active Kids
and Communities

saferoutespartnership.org

SCORING FOR THE REPORT CARDS

- 27 indicators across 4 core topic areas; each individually scored
- 200 points possible
- Numerical score and “grade” in each topic area + overall score and grade
- 4 grading categories that recognize state’s accomplishments as well as room for improvement





New Jersey 2022

BUILDING SPEED



OVERALL SCORE

153/200



COMPLETE STREETS AND ACTIVE TRANSPORTATION POLICY AND PLANNING



Complete Streets Policies	Adopted state Complete Streets policy(ies)	3 / 5
	Has strong state Complete Streets policy	13 / 20
Active Transportation Goals and Planning	Adopted goals to increase walking and bicycling mode share	5 / 5
	Adopted a state pedestrian, bicycle, or active transportation plan	10 / 10
		31 / 40

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING



Use of Federal Funding for Active Transportation	Retained TAP funding without transfers	5 / 10
	Awarded TAP projects	10 / 10
	Obligated state-controlled TAP funds	8 / 10
	Provides special consideration for high-need communities in TAP awards	5 / 5
	Provides matching funds for high-need communities	5 / 5
	Provides support to TAP applicants	5 / 5
	Dedicates other federal (non-TAP) funding for active transportation	5 / 5
State Funding for Active Transportation	Dedicates state funding for active transportation	10 / 10
	Amount of state funding for active transportation	3 / 10
	Provides special consideration for high-need communities in state awards	5 / 5
		61 / 75

SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES



Safe Routes to School Funding	Provides special consideration for Safe Routes to School projects using TAP funds	5 / 5
	Dedicates state or other funding for Safe Routes to School	5 / 5
	Funds SRTS non-infrastructure projects	0 / 5
	Provides Safe Routes to School planning grants or minigrants	2 / 3
Safe Routes to School Supportive Practices	Staffs state Safe Routes to School program with state employees or consultants	5 / 5
	Provides a resource center or technical assistance to Safe Routes to School initiatives	7 / 7
	Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan	5 / 5
	Supports equitable access to Safe Routes to School programming	5 / 5
		34 / 40

ACTIVE NEIGHBORHOODS AND SCHOOLS



Shared Use of School Facilities	Adopted state policy supporting shared use of school facilities	6 / 10
	Provides funding/incentives in support of shared use of school facilities	5 / 5
School Siting and Design	Requires large school sites (minimum acreage guideline)	0 / 0
	Supports walking, bicycling and physical activity in school design guidelines	3 / 15
Physical Education	Adopted PE minutes and graduation requirements	13 / 15
		27 / 45

To review a quick summary of the report cards' scoring structure, click here: [Understanding the Scores and Grading](#)

Core Topic Area



Subtopic Indicator



Overall grade



Overall points



Topic grade



Points earned (out of # points)



Subtotal



Overall Grades

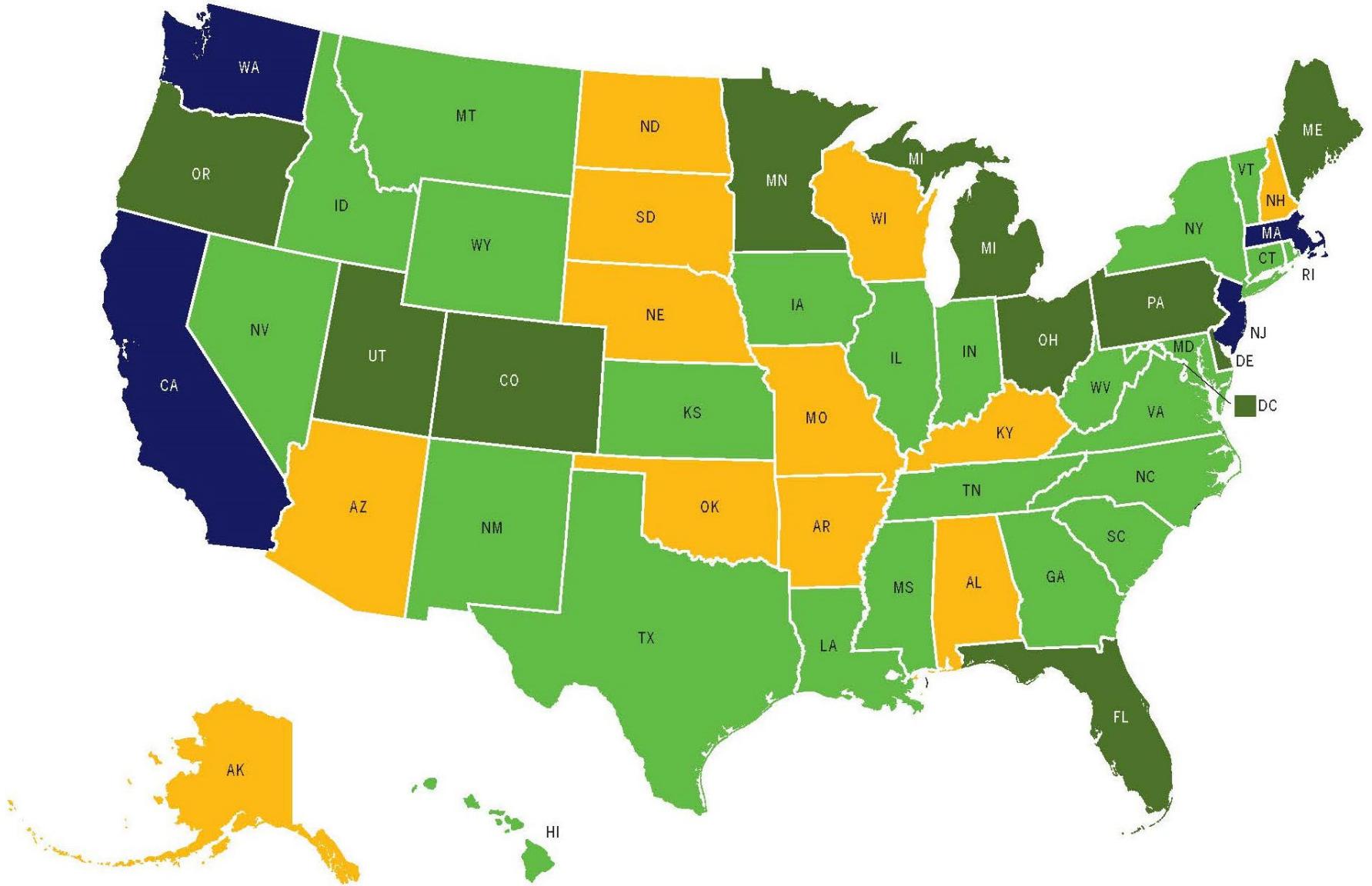
Scoring Key:

LACING UP

WARMING UP

MAKING STRIDES

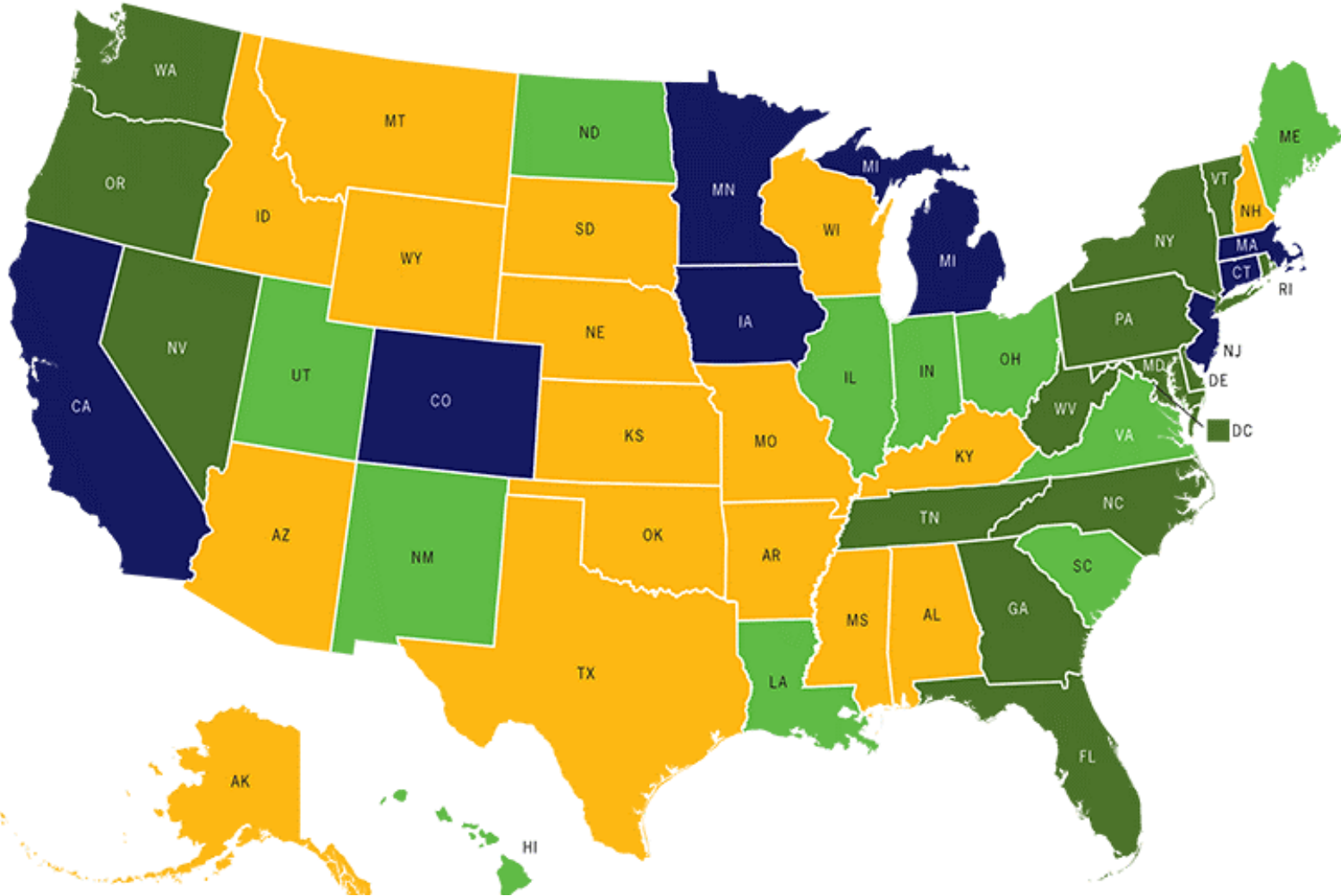
BUILDING SPEED





**Core Topic Area 1:
Complete Streets and Active Transportation
Policy and Planning**

Complete Streets and Active Transportation Policy and Planning



Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED



Florida 2022

MAKING STRIDES



OVERALL SCORE

146 / 200



COMPLETE STREETS AND ACTIVE TRANSPORTATION POLICY AND PLANNING



Complete Streets Policies	Adopted state Complete Streets policy(ies)	5 / 5
	Has strong state Complete Streets policy	8 / 20
Active Transportation Goals and Planning	Adopted goals to increase walking and bicycling mode share	5 / 5
	Adopted a state pedestrian, bicycle, or active transportation plan	10 / 10
		<u>28 / 40</u>



Florida 2022

MAKING STRIDES



OVERALL SCORE

146 / 200



COMPLETE STREETS AND ACTIVE TRANSPORTATION POLICY AND PLANNING



Complete Streets Policies

Adopted state Complete Streets policy(ies)	5 / 5
Has strong state Complete Streets policy	8 / 20

What's a complete streets policy?

A policy that ensures that all new construction and renovation of streets creates streets that are safe, comfortable, and convenient for everyone using them

Who? People walking and biking, cars, public transportation riders, people with disabilities, and people of all ages.



Florida 2022

MAKING STRIDES



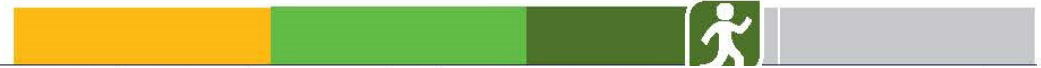
OVERALL SCORE

146 / 200



COMPLETE STREETS AND ACTIVE TRANSPORTATION POLICY AND PLANNING

Active Transportation Goals and Planning



Adopted goals to increase walking and bicycling mode share

5 / 5

Adopted a state pedestrian, bicycle, or active transportation plan

10 / 10

Goals to increase walking and bicycling

- Public commitments to progress and provide accountability.
- Found within a highway safety plan, bicycle/pedestrian plan, sustainability plan, or other statewide plan

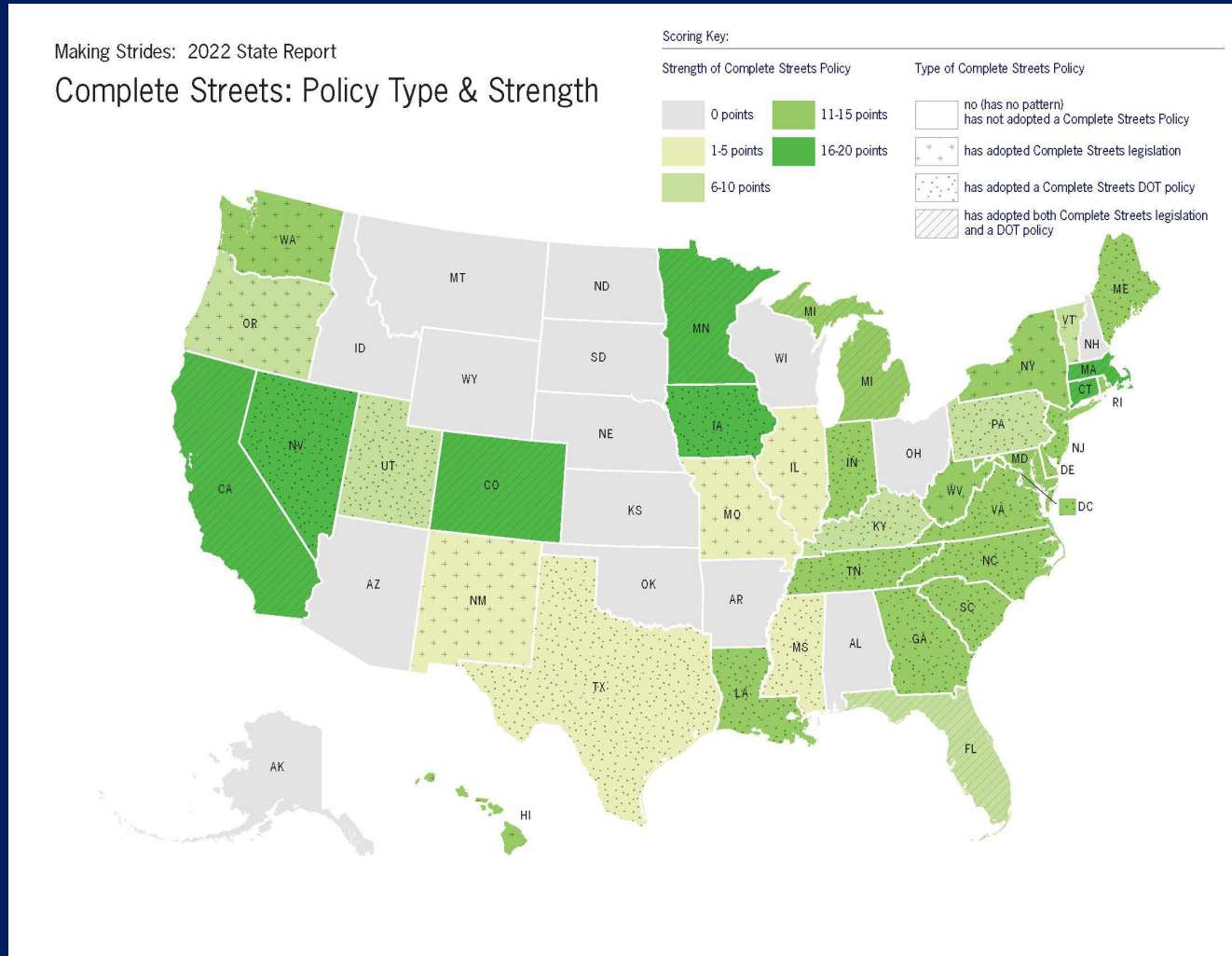
State pedestrian, bicycle, or active transportation plan

- Create a planning foundation that allows state agencies and partners to coordinate on supporting prioritized projects, policies, and programs

REFLECTIONS

Complete Streets Policies

- 36 states with Complete Streets policies
- CA and SC revised their policies since 2020



REFLECTIONS

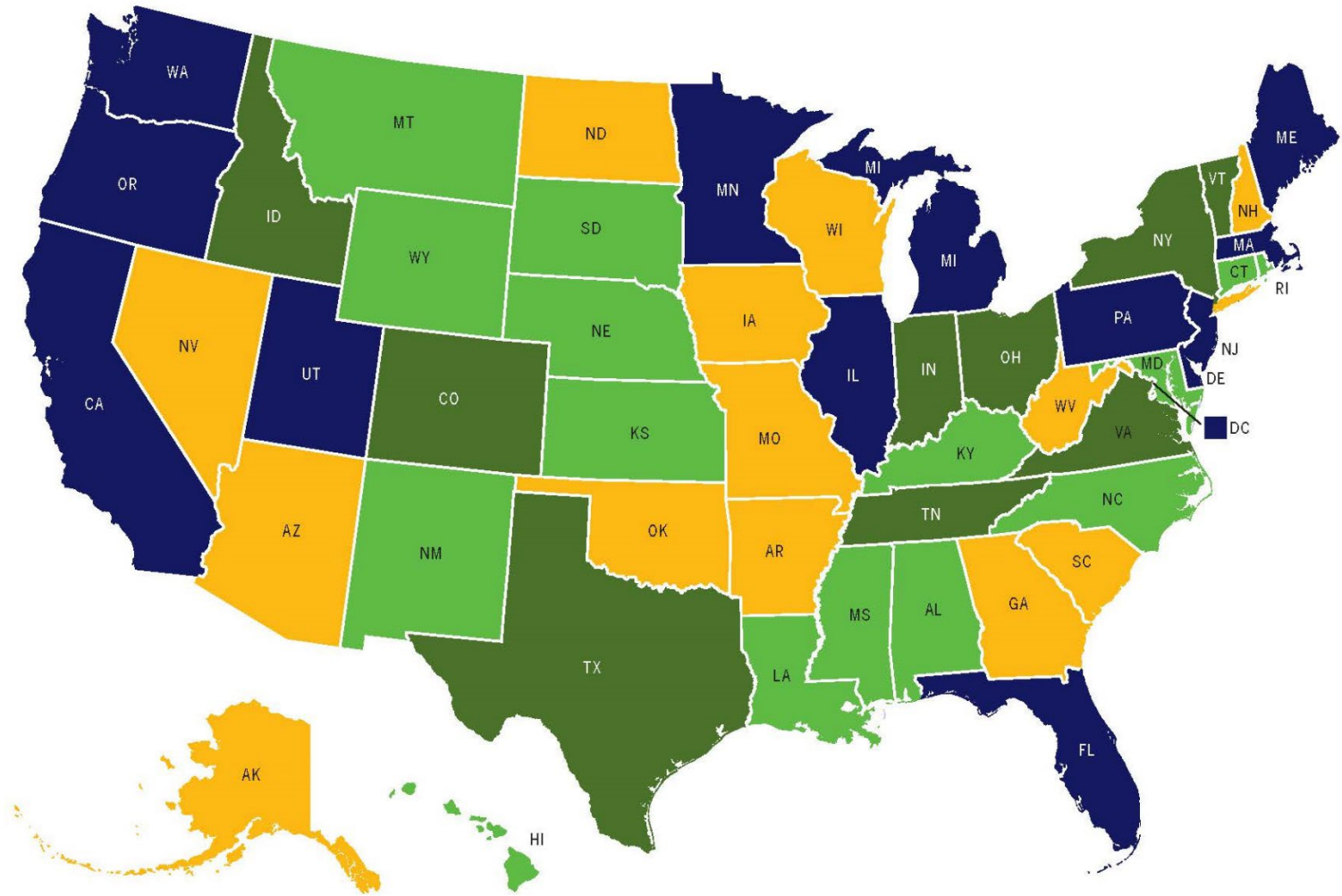
Active Transportation Goals & Planning

- Walking/Biking Goals
 - 17 states with goals for increasing both walking & biking, down from 20 in 2020
- Bicycle and Pedestrian Plans
 - 33 states have a bicycle or pedestrian plan, majority include both, up from 31 in 2020



Core Topic Area 2: Federal and State Active Transportation Funding

Federal and State Active Transportation Funding



Scoring Key:

LACING UP

WARMING UP

MAKING STRIDES

BUILDING SPEED





New Jersey 2022

BUILDING
SPEED



OVERALL SCORE

153 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING



Use of Federal Funding for Active Transportation

Retained TAP funding without transfers	5 / 10
Awarded TAP projects	10 / 10
Obligated state-controlled TAP funds	8 / 10
Provides special consideration for high-need communities in TAP awards	5 / 5
Provides matching funds for high-need communities	5 / 5
Provides support to TAP applicants	5 / 5
Sets aside other federal (non-TAP) funding for active transportation	5 / 5

State Funding for Active Transportation

Dedicates state funding for active transportation	10 / 10
Amount of state funding for active transportation	3 / 10
Provides special consideration for high-need communities in state awards	5 / 5
	61 / 75



New Jersey 2022

BUILDING
SPEED



OVERALL SCORE

153 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING

Use of Federal Funding for Active Transportation

Retained TAP funding without transfers	5 / 10
Awarded TAP projects	10 / 10
Obligated state-controlled TAP funds	8 / 10
Provides special consideration for high-need communities in TAP awards	5 / 5
Provides matching funds for high-need communities	5 / 5
Provides support to TAP applicants	5 / 5
Sets aside other federal (non-TAP) funding for active transportation	5 / 5

- Focus is on state implementation of the Transportation Alternatives Program (~\$2-78M/state/year)
- TAP is the major federal source of transportation funding for biking, walking, Safe Routes to School
- Three key phases track how states get the funding out the door: transfers, awards, and obligation



New Jersey 2022

BUILDING
SPEED



OVERALL SCORE

153 / 200

Scoring Key: 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING



Use of Federal Funding for Active Transportation

Retained TAP funding without transfers	5 / 10
Awarded TAP projects	10 / 10
Obligated state-controlled TAP funds	8 / 10
Provides special consideration for high-need communities in TAP awards	5 / 5
Provides matching funds for high-need communities	5 / 5
Provides support to TAP applicants	5 / 5
Sets aside other federal (non-TAP) funding for active transportation	5 / 5

- Ensuring funding gets in the hands of those who need it most requires:
 - Prioritizing funding
 - Providing matching funds
 - Supporting TAP applicants



New Jersey 2022

BUILDING
SPEED



OVERALL SCORE

153 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING



Use of Federal Funding for Active Transportation

Retained TAP funding without transfers	5 / 10
Awarded TAP projects	10 / 10
Obligated state-controlled TAP funds	8 / 10
Provides special consideration for high-need communities in TAP awards	5 / 5
Provides matching funds for high-need communities	5 / 5
Provides support to TAP applicants	5 / 5
Sets aside other federal (non-TAP) funding for active transportation	5 / 5



New Jersey 2022

BUILDING
SPEED



OVERALL SCORE

153 / 200

Scoring Key: 100%

FEDERAL AND STATE ACTIVE TRANSPORTATION FUNDING

State Funding for Active Transportation



Dedicates state funding for active transportation	10 / 10
Amount of state funding for active transportation	3 / 10
Provides special consideration for high-need communities in state awards	5 / 5

- Focus is on state, not federal, money
- This section asks: Is state funding available? How much funding is spent on walking, bicycling, and Safe Routes to School per capita, and does the state consider high-need communities when spending its money?

REFLECTIONS

Federal funding:



Award and obligation scores

Scores for equity consideration and matching funds



Number of states with high levels of transfers

State funding:

- 31 states have state funding for walking and biking
- The two-year average for annual state spending on active transportation rose, as did per capita spending
- 14 states prioritize high-need communities

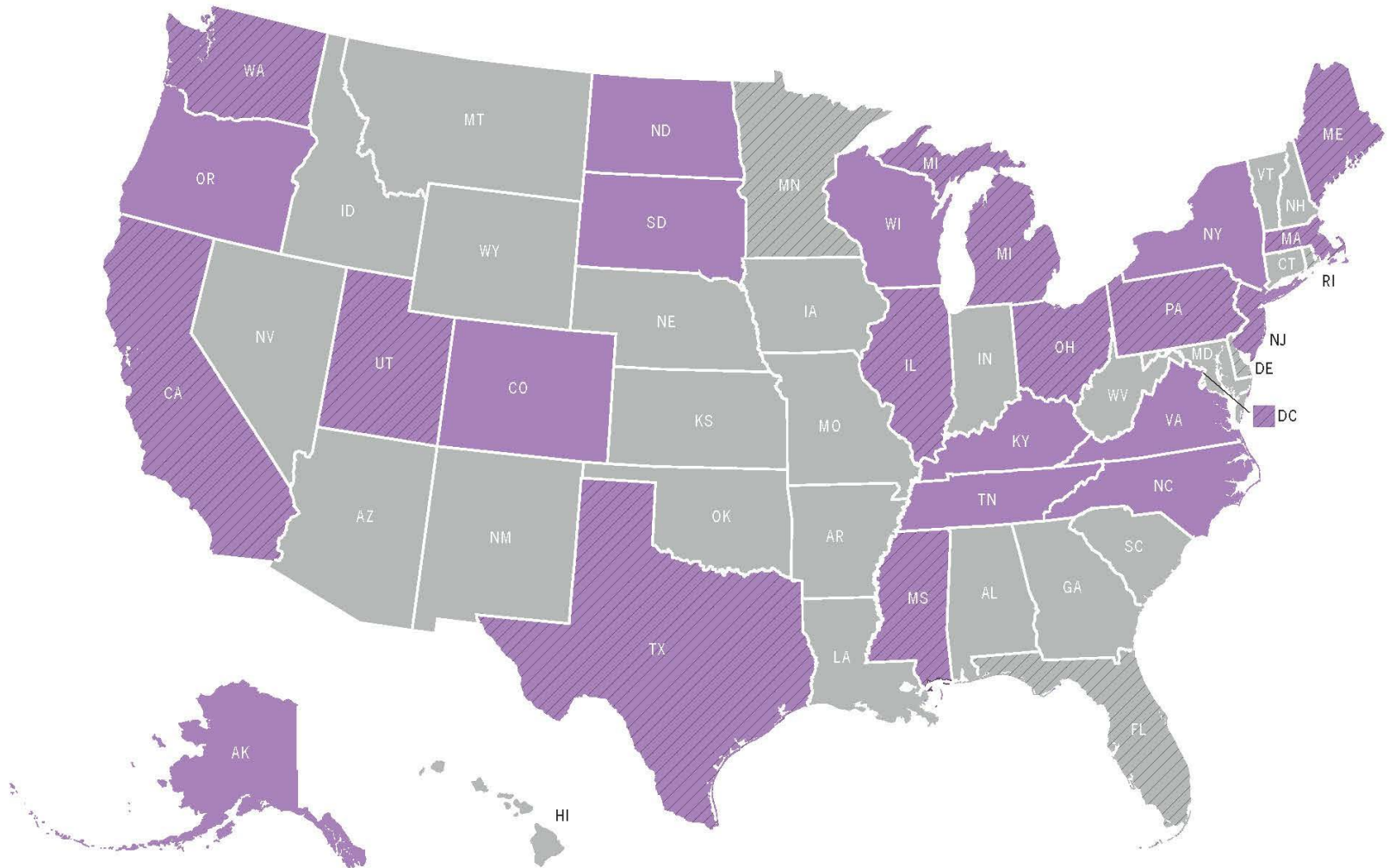
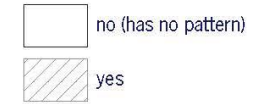
Making Strides: 2022 State Report Special Consideration and Matching Funds for High Need Communities

Scoring Key:

Provides special consideration
for high-need communities



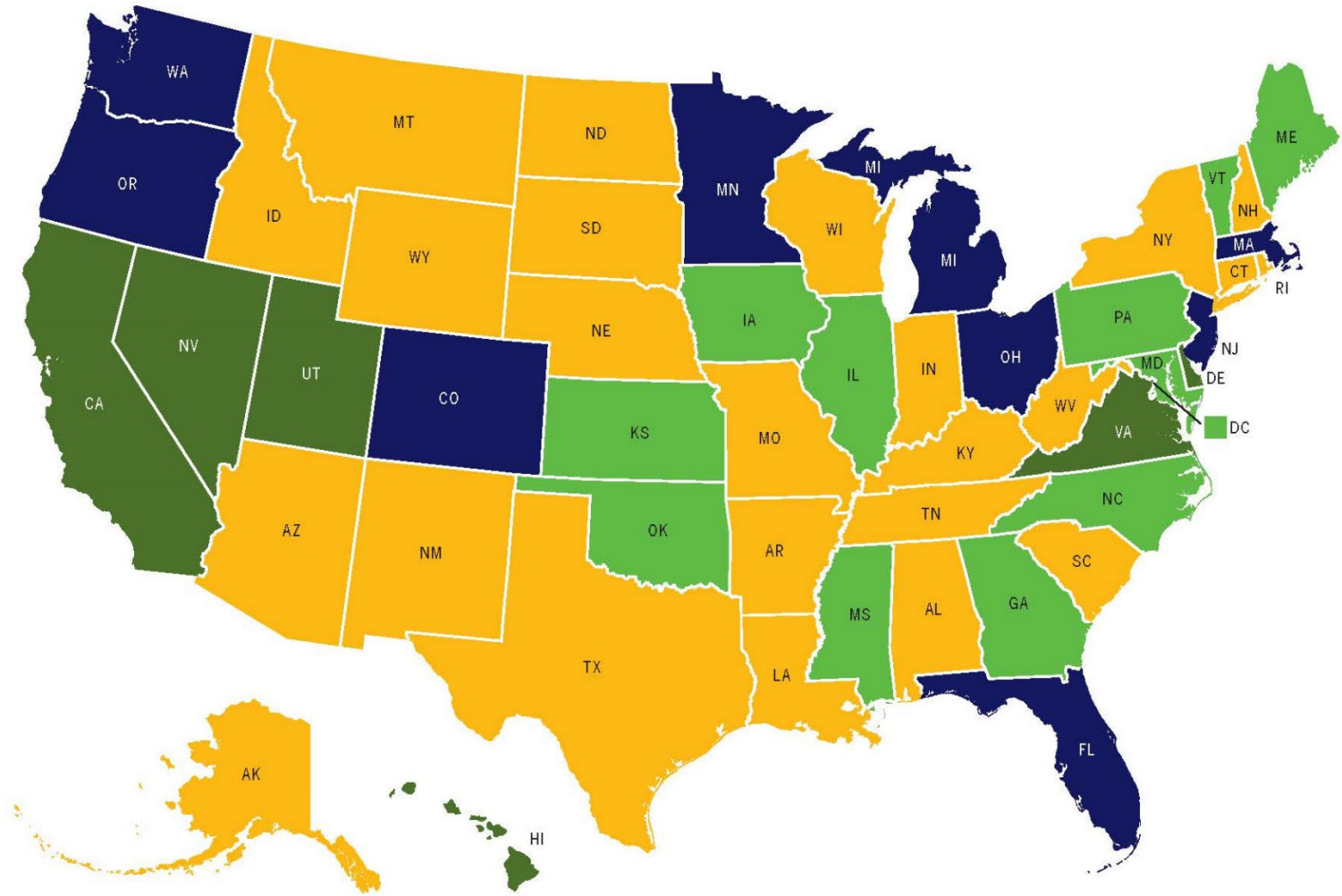
Provides matching funds
for high-need communities





**Core Topic Area 3:
Safe Routes to School Funding and Supportive
Practices**

Safe Routes to School Funding and Supportive Practices



Massachusetts 2022

BUILDING
SPEED

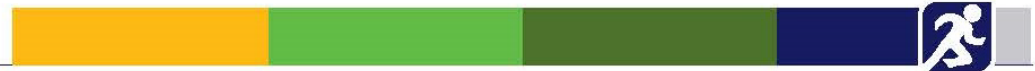


OVERALL SCORE

164 / 200

Scoring Key: 100%

SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES



Safe Routes to School Funding

Provides special consideration for Safe Routes to School projects using TAP funds	5 / 5
Dedicates state or other funding for Safe Routes to School	5 / 5
Funds SRTS non-infrastructure projects	3 / 5
Provides Safe Routes to School planning grants or minigrants	2 / 3

Safe Routes to School Supportive Practices

Staffs state Safe Routes to School program with state employees or consultants	5 / 5
Provides a resource center or technical assistance to Safe Routes to School initiatives	7 / 7
Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan	5 / 5
Supports equitable access to Safe Routes to School programming	5 / 5

37 / 40

Massachusetts 2022

BUILDING
SPEED



OVERALL SCORE

164/200

Scoring Key: ■ LACING UP ■ WARMING UP ■ MAKING STRIDES ■ BUILDING SPEED ■ 100%

SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES

Safe Routes to School Funding

Provides special consideration for Safe Routes to School projects using TAP funds	5 / 5
Dedicates state or other funding for Safe Routes to School	5 / 5
Funds SRTS non-infrastructure projects	3 / 5
Provides Safe Routes to School planning grants or minigrants	2 / 3

- This subtopic is focused on getting funding into the hands of local schools / school districts so they can run effective Safe Routes to School programs

Massachusetts 2022

BUILDING
SPEED



OVERALL SCORE

164/200

Scoring Key: 100%

SAFE ROUTES TO SCHOOL FUNDING AND SUPPORTIVE PRACTICES

Safe Routes to School Supportive Practices

Staffs state Safe Routes to School program with state employees or consultants	5 / 5
Provides a resource center or technical assistance to Safe Routes to School initiatives	7 / 7
Adopted a state SRTS plan or incorporated SRTS into a state active transportation plan	5 / 5
Supports equitable access to Safe Routes to School programming	5 / 5

- Here we look at what types of support and technical assistance a state provides to help Safe Routes to School programs operate in accordance with best practices

REFLECTIONS

Good News:

- More states funding Safe Routes to School non-infrastructure
- Steady number of states dedicating state funding or federal non-TAP funding to Safe Routes to School

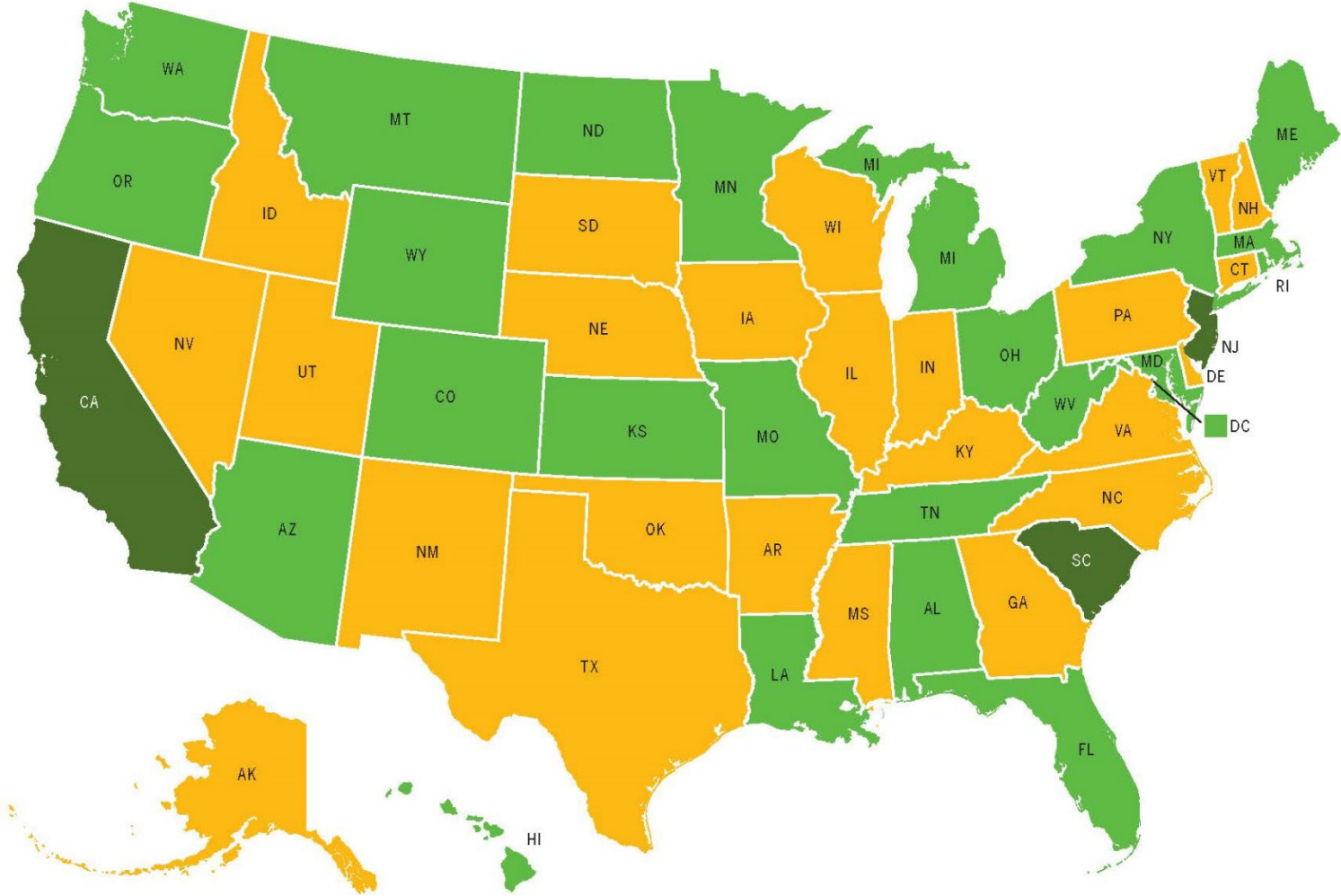
Needs Improvement:

- Just over half of states have at least 1 full-time SRTS coordinator
- Half of states have developed curricula or lesson plans on Safe Routes to School
- Only 16 states provide resources to reach underserved demographic groups



**Core Topic Area 4:
Active Schools and Neighborhoods**

Active Schools and Neighborhoods





South Carolina 2022

WARMING
UP



OVERALL SCORE

65 / 200

Scoring Key: 100%

ACTIVE NEIGHBORHOODS AND SCHOOLS



Shared Use of School Facilities

Adopted state policy supporting shared use of school facilities 6 / 10

Provides funding/incentives in support of shared use of school facilities 5 / 5

School Siting and Design

Requires large school sites (minimum acreage guideline) 0 / 0

Supports walking, bicycling and physical activity in school design guidelines 9 / 15

Physical Education

Adopted PE minutes and graduation requirements 6 / 15

26 / 45

South Carolina 2022

WARMING
UP



OVERALL SCORE

65 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

ACTIVE NEIGHBORHOODS AND SCHOOLS



Shared Use of School Facilities

Adopted state policy supporting shared use of school facilities	6 / 10
Provides funding/incentives in support of shared use of school facilities	5 / 5

- School shared-use agreements open up school playgrounds, fields, and facilities for recreational use by community members outside of school hours
- Supportive state policies & funding are two of the key ways to overcome fears and challenges with shared use

South Carolina 2022

WARMING
UP



OVERALL SCORE

65 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

ACTIVE NEIGHBORHOODS AND SCHOOLS

School Siting and Design

Requires large school sites (minimum acreage guideline)

0 / 0

Supports walking, bicycling and physical activity in school design guidelines

9 / 15

- School siting & design involves state policies that affect school siting decisions by local school districts.
- Indicators look at whether states require large school sites for new schools (which gets them negative points) & whether state siting guidelines encourage walking, biking or physical activity in other ways.

South Carolina 2022

WARMING
UP



OVERALL SCORE

65 / 200

Scoring Key: LACING UP WARMING UP MAKING STRIDES BUILDING SPEED 100%

ACTIVE NEIGHBORHOODS AND SCHOOLS

Physical Education

Adopted PE minutes and graduation requirements

6 / 15

- Strong PE provides a unique opportunity for PA for children & youth
- Indicator looks at how many minutes of PE are required for each grade range & whether PE credits required for high school graduation



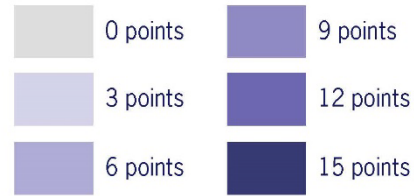
REFLECTIONS

- Shared use
 - The number of states with shared use policies hasn't changed since 2018, but one state moved from recommended to requiring shared use
 - Number of states with incentives decreased

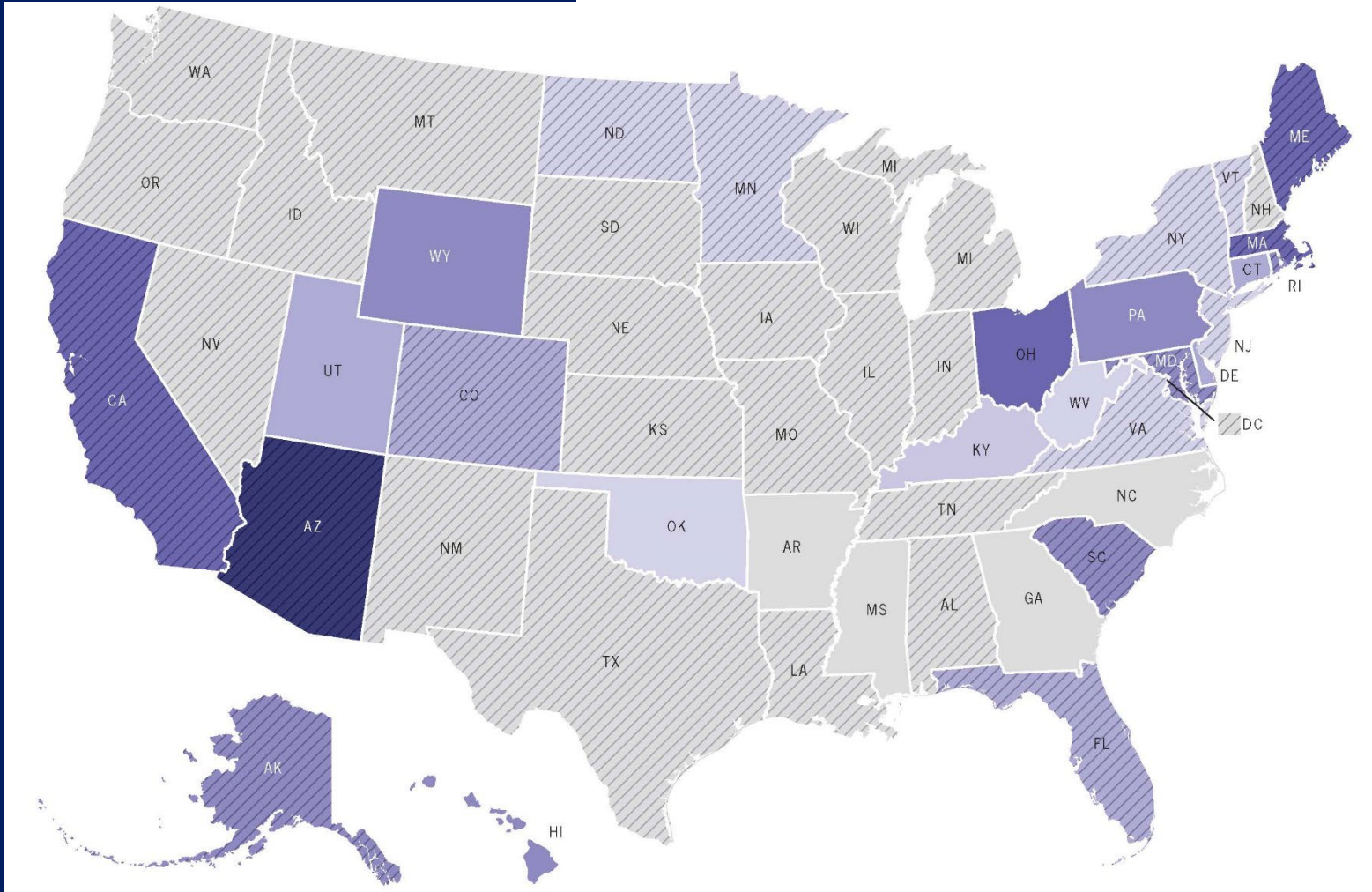
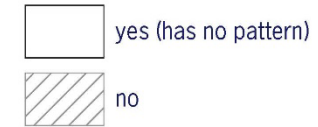
REFLECTIONS School Siting

Scoring Key:

Supports walking, bicycling & physical activity
in school siting & design guidelines



Requires large school sites
(minimum acreage guidelines)



REFLECTIONS

- Physical Education requirements
 - Small changes since 2020





Overall Reflections & Actions

OVERALL REFLECTIONS

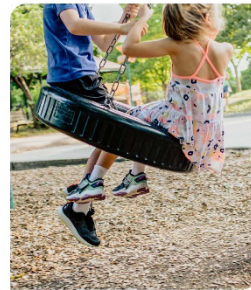
- Most states still in the middle categories
- Upward shift in overall scores since 2020 – average score increased from 80 to 82.7
- New Jersey and Massachusetts achieved the highest grade of Building Speed for the first time
- In every region of the country, there was at least one state with a fairly high score
- Every state has at least one area where it has taken considerable steps, but every state has the opportunity to do more

FACTSHEETS



Making Strides: 2022 State Report Cards

Understanding the Scores and Grading



Making Strides: State Report Cards on Walking, Bicycling, and Active Kids and Communities

The new 2022 full report, [Making Strides: State Report Cards on Walking, Bicycling, and Active Kids and Communities](#), provides a detailed explanation of how the states were graded; an overview of the research that supports walking, bicycling, and physical activity as ways to improve health; a discussion of the rationale for state-level report cards; and reflections on support for physical activity in different regions and our country as a whole.

The 2022 Making Strides state report cards evaluate each state on 27 indicators spanning four core topic areas that focus on key areas for state action to promote and support physical activity.

This sheet provides a quick summary of the report cards' scoring structure, including the indicators and possible points in each of the core topic areas and an example report card showing the different components.

Core Topic Areas

The report cards focused on four core topic areas:

- Complete Streets and Active Transportation Policy and Planning – state policies that support safe streets for walking and biking
- Federal and State Active Transportation Funding – state policies and practices related to funding for walking and bicycling
- Safe Routes to School Funding and Supportive Practices – state policies and funding decisions related to Safe Routes to School as well as state staffing, practices, and resources that support Safe Routes to School
- Active Neighborhoods and Schools – state policies supporting physical education, school siting and design that encourages walking and bicycling, and use of school grounds for physical activity

In the next section, we explain the significance of these topic areas, describe the specific indicators we used under each topic area, and set out our scoring criteria.



Making Strides: 2022 State Report Cards

How to Use Your State's Report Card on Walking, Biking, and Physical Activity



The 2022 Making Strides state report cards evaluate each state on 27 indicators spanning four core topic areas that focus on key areas for state action to promote and support walking, biking, and physical activity. The state report cards help us understand at a glance how each state is doing in supporting healthy and active kids and adults, and where there is room for improvement, making it easier to take action in support of healthier communities.

This fact sheet provides tips on how to use your state's report card. It sets out key points you can use in communicating the importance of state support for walking, biking, and physical activity, provides steps to consider in using the report card, and highlights ideas to inspire change in your state.

Why State Support for Walking, Bicycling, and Physical Activity Matters

Physical Activity Matters

- Studies have shown that physical activity is important for everyone. Physical activity has a variety of benefits, including reducing risk of stroke, high blood pressure, diabetes, some cancers, premature death, and depression.¹
- More walking, bicycling, and physical activity can also provide an increased sense of community and less social isolation, higher cognitive functioning, less air pollution and fewer climate changing emissions.²
- Physical inactivity and obesity do not affect all communities equally. These conditions, which can affect quality of life and lead to premature mortality, are disproportionately prevalent in low-income communities and communities of color.³ Black and Latinx youth have higher rates of obesity than white and Asian American youth.⁴

Americans Aren't Getting Enough Physical Activity

- Only 34 percent of American adults are meeting the aerobic component of the physical activity guidelines and a scant 24 percent are meeting the recommended levels of overall physical activity.⁵
- Less than one-quarter (24 percent) of children 6 to 17 years of age participate in 60 minutes of physical activity every day.⁶ Physical activity rates were higher for boys than girls, and higher for white students than for African American and Hispanic students.⁶

Making Strides: State Report Cards on Walking, Bicycling, and Active Kids and Communities

The new 2022 full report, [Making Strides: State Report Cards on Walking, Bicycling, and Active Kids and Communities](#), provides a detailed explanation of how the states were graded; an overview of the research that supports walking, bicycling, and physical activity as ways to improve health; a discussion of the rationale for state-level report cards; and reflections on the support for physical activity in different regions and our country as a whole.



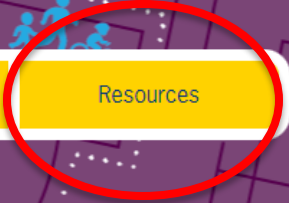
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Safe Routes to School

Expert Help



Healthy Communities



Resources

- ▶ BROWSE RESOURCE LIBRARY
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- ▶ OUR PUBLICATIONS
- ▶ **WEBINARS**
- ▶ E-NEWS
- ▶ RESEARCH
- ▶ RECURSOS EN ESPAÑOL
- ▶ SUBMIT A SUCCESS STORY

Webinars

One of the great ways that we love to share resources and expertise is through our regular webinars. Our webinars feature our staff and incredible advocates, Safe Routes to School program staff, government officials, elected leaders, and others from around the country sharing their knowledge and learning on a diverse range of topics.

UPCOMING WEBINARS



July 14, 2022

Making Strides 2022: A Look at Our State Report Cards on Walking, Biking, and Active Communities

Safe Routes Partnership is hosting a free webinar on Thursday, July 14 at 1 pm ET.

Thank you!
Please take our survey!



Questions?



We're here to help!



**Michelle Lieberman, Consulting and Program
Support Director**

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Marisa Jones, Policy and Partnerships Director

marisa@saferoutespartnership.org