

May 15, 2024

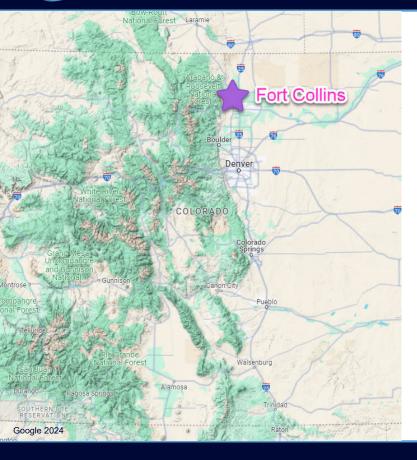
SRTS Fort Collins – Adaptive Programming

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Fort Collins SRTS Program Summary



Fort Collins, Colorado

- Population: 170k, 58 sq mi
- Public School System: K-12
 - 30k students, 54 schools, perhaps 500 students w/special needs
- Brief History
 - 2005 First infrastructure grant from CDOT (sidewalk)
 - 2010 Educational programming begins, CDOT grant
 - 2011 First staff member (City of Fort Collins)
 - 2021 Program now funded out of city budget (ongoing)

Funding covers:

- Crossing guards
- Educational programming
- 2 City Staff (1.75 FTE)
- Equipment acquisition and ongoing maintenance
 - School transportation safety assessments
- Infrastructure

ortCollins Safe Routes in Fort Collins

- Instructors provided by local non-profit contractor (Bike Fort Collins) using ~15 staff of various qualifications
- League-based instructor training and certifications
- Local, League-based local curriculum adjusted for age-groups
- Collaborations
 - City Non-Profit Schools
 - Primarily run during PE classes at schools
- Statistics
 - 2-3 contact hours per student per visit (5000 students/yr)
 - City owns ~200 bicycles, trailers, devices (tagalongs, etc)
 - District owns and moves 3 trailers full of our equipment to support the program when visiting a school
 - 2000+ student bikes inspected/repaired per year



ortCollins Adaptive / Inclusions, A New Frontier



Efforts begun in Summer 2022

- Formally decide to expand adapted programming
- Approach existing schools and teachers with the idea
- Hire teachers as consultants over the summer
- Adapt processes and paperwork to begin accommodating new offerings

Primary resources missing at beginning:

- Lack of subject-area knowledge
- Lack of specialist staff to guide us
- New process(es) to share with all staff
- Unprepared to collect/understand information about students before our arrival
- (usual things- money, equipment, etc)

ort Collins Inclusion Achievements During the 2023-2024 School Year



Students Served

- ~60 MS students w/disabilities
- ~25 Elementary
- Inclusions on bicycle field trips
- Adaptive PE classes at magnet schools

What Did We Learn?

- Need dedicated staff and subjectmatter specialist
- · More specialized equipment needed
- Takes more people & time per student

60 Skills

60 Skills

60 RoR

RoP

48 Adaptive-only

48 Adaptive-only

48 Adaptive-only

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- Getting information on students before visit is important but difficult
- Parents/staff unaware of all the possible devices available
- Very empowering for students a new experience, new equipment

Plans Made...

- Hire specialist
- Keep practicing
- Find more equipment
- Adaptive gear "trailer"
- Continued curriculum edits





Thank you!

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PSD I SPRIN

Harri Riffer Shep

ELEMENTARY

Fort Collins School Rotation Schedule: SRTS Bike-Ped Safety Education

Rotation focuses on K-12 public schools in Fort Collins; assistance also provided (by request) to private K-12 schools and public/private preschools as well as youth organizations.

2024/2027/2030



2025/2028/2031 2026/2029/2032

K-5* (11 schools	s, 3,300 students)	PSD K-5* (11 schools,		
G	FALL	Spring		
	Bacon	Irish		
nburgh	Bennett	O'Dea		
ardson	Dunn	Putnam		

FALL	
Johnson	
Laurel	
Tavelli	

SPRING	FALL
Bauder	Beattie
Lopez	Linton
McGraw	Zach

*KRUSE, OLANDER, POLARIS, TRAUT and WERNER are not on regular rotation due to scheduling issues or because students receive bike-ped activities outside normal curriculum, such as bike field trips (included in student totals above).

E SCH						
	Blevins	Boltz	Kinard	Lincoln	Preston	Webber
2	MIDDLE-SCHOOL PROGRAM focus	s on one grade leve	, normally sixth (seven	th at Kinard). LESHER r	eceives ongoing bicycl	e programming every year.

SCHOOL	PSD High School (4 schools, -500 students)						
HIGH		Fort Collins	Fossil Ridge	Poudre	Rocky Mountain		

HIGH-SCHOOL PROGRAM focuses on "Bike PE" curriculum during Adventure PE classes and incorporates "Bicycle Friendly Driver" certification.

TOTAL: 5,500

TOTAL: 5,700

TOTAL: 5,600

NOTE: The goal is to visit every elementary school once every three vears with in-depth bike-ped safety program. This gives K-5 students one to two years' exposure to program before they go to middle school. The middleschool program focuses on one grade level only (normally sixth), giving

virtually all public-school students three years of program exposure before high school. Individual students may participate in additional bike-ped activities, such as National Bike & Roll to School Day, National Walk & Roll to School Day, Bike Week, school biking/ walking clubs and camps, bike-ped

assemblies, Family Bike Rodeos, biking/walking field trips, and other SRTS-related activities in the community. The high-school program includes the standard "Bike PE" curriculum plus "Bicycle Friendly Driver" certification.

Charter schools, private schools, and youth organizations also receive SRTS programming by request.

Contact

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